

Updated Additional Covid-19 Hilltop Hikers guidelines as of 3/20/2020

Hiking remains an important way to release stress. All park trails remain open and park websites encourage us to get out. With that being said, our club is doing our best to be safe both for our members and our community. Governor DeWine and Dr. Acton made it clear it is physical distancing, not social distancing that is important.

We have come up with ADDITIONAL guidelines and will evaluate each hike with these guidelines in mind. **We encourage you to adhere to these guidelines so that at this time we may enjoy hiking. There may come a time in which we need to suspend all club hikes, but for now if you all comply, we may continue.**

- 1) There will be one sign up sheet. Use hand sanitizer after you sign the sheet. Each member is responsible for bringing their own.
- 2) After you sign the sheet, please go back to your car to avoid congregating in a large crowd. The hikes will start ON TIME. When you exit your car, you can easily see how many are in attendance and you will find a leader.
- 3) There will NOT be “circling up”. There will be NO “saying names” or awards given at this time.
- 4) Depending on how many members show up, we will divide hikers into subgroups of approximately 10 hikers per group.
 - a) We will have multiple leaders in place that will be in contact with each other via cell phone if need be.
 - b) Select a subgroup and stay with that group during the duration of the hike.
 - c) There will be about 50 ft between the last person of the 1st group and the leader of the second group.
 - d) EACH INDIVIDUAL MEMBER MUST STAY APPROXIMATELY 6 FT FROM THE PERSON IN FRONT AND BEHIND THEM WHEN HIKING ON A NARROW PATH.
 - e) Restroom breaks in public restrooms will be limited once the hike starts. If an emergency should arise, please let the leader know.

Please continue to act in a manner in which is best for your own personal situation. Please be patient as we work through these new experiences. Lynn, Karla and myself are here to answer your questions and address any scenarios that should come up.

Debbie Withnell, President